# NINJA BLAST **PORTABLE BLENDER**





For additional recipes and information on Ninja BLAST™ scan the QR code.

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# SPIKED STRAWBERRY LEMONADE

PREP: 5 MINUTES | MAKES: 1 (18-OUNCE) SERVING

## INGREDIENTS

<sup>1</sup>/<sub>4</sub> cup vodka

 $^{3}/_{4}$  cup lemonade

1 cup whole frozen strawberries

## DIRECTIONS

- 1 With the vessel installed onto the motor base. add ingredients in order listed. Secure the lid.
- **2** Turn the unit on by pressing  $\bigcirc$  button, then press the ▶ (Start/Stop) button for 30-second blend mode.
- **3** Upon completion, blend an additional 30 seconds by pressing the ▶ (Start/Stop) button.
- **4** When blending is complete, press the  $\bigcirc$  button to turn the unit off.

# APPLE CIDER VINAIGRETTE

PREP: 5 MINUTES | MAKES: 1 CUP

## INGREDIENTS

- $1/_2$  cup olive oil
- $1/_2$  cup apple cider vinegar
- 2 teaspoons minced garlic
- $1^{1/2}$  tablespoons agave nectar
- <sup>1</sup>/<sub>2</sub> teaspoon Dijon mustard
- 1 teaspoon kosher salt
- 1 teaspoon ground black pepper

## DIRECTIONS

- 1 With the vessel installed onto the motor base. add ingredients in the order listed. Secure the lid.
- **2** Turn the unit on by pressing  $\oplus$  button, then press the ▶ (Start/Stop) button for 30-second blend mode.
- **3** When blending is complete, press the  $\oplus$  button to turn the unit off.

# CREAMY AVOCADO SALSA

**PREP:** 5 MINUTES | MAKES: 11/2 CUPS

#### INGREDIENTS

- 2 tablespoons lime juice
- 1/4 cup milk of choice
- 1 teaspoon kosher salt
- 1 teaspoon ground black pepper
- 1/2 jalapeño, seeds removed, diced
- $1/_4$  cup cilantro, leaves and stems

 $1/_4$  cup sour cream

1/4 cup mayonnaise

1 avocado, pit removed, peeled, diced

#### DIRECTIONS

- 1 With the vessel installed onto the motor base. add ingredients in the order listed. Secure the lid.
- **2** Turn the unit on by pressing  $\oplus$  button, then press the ▶ (Start/Stop) button for 30-second blend mode.
- **3** Upon completion, blend additional 30 seconds by pressing the ▶■ (Start/Stop) button.
- **4** When blending is complete, press the  $\bigcirc$  button to turn the unit off.
- 5 Serve creamy avocado salsa with tortilla chips.

Please make sure to read the enclosed Ninja® Owner's Guide prior to using your unit.



# QUICK ASSEMBLY



For best results, ensure the blender is fully charged before use.

Clean before first use.

#### NOTE: Color and accessories vary by model.

blender **OFF** using  $\bigcup$  button. Unintentional blade activation can occur

**AWARNING:** Handle the blade assembly with care when washing, as the blades are sharp. Contact with the blades' edges can result in laceration.

NOTE: When drinking or when blade function is not in use, turn when the lid is off.

#### LOAD IT UP

OZ MAX

NINIA

0

#### DO NOT blend without ingredients or without lid. DO NOT go past MAX line when loading vessel.

PREP TIPS: For best results, cut ingredients in 1-inch pieces. Place frozen ingredients in the cup last.

Finish off with ice or 5 frozen ingredients.

Then add dry or 4 sticky ingredients like protein powders, nut butters, and seeds.

**3** Then add leafy greens.

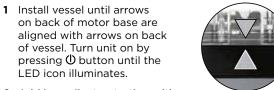
2 Next add fresh fruits.

Start by adding liquid up to the MIN LIQUID line.



For how-to videos and getting started, scan the QR code.

## **BLENDING INSTRUCTIONS**



**2** Add ingredients, starting with liquids then solid ingredients. If using ice, always add to vessel last. Secure lid onto vessel.

LED icon illuminates.

- **3 Blend:** Press the ► (Start/Stop) button. The unit will run for 30 seconds. To stop the program sooner, press the **b** (Start/Stop) button again.
- 4 When blending is complete, press the  $\oplus$  button to turn the unit off.

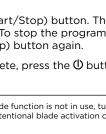
NOTE: When drinking or when blade function is not in use, turn blender **OFF** using 0 button. Unintentional blade activation can occur when the lid is off.

#### **CLEANING INSTRUCTIONS**

 To clean, add warm water up to **MIN LIQUID** line, then add **1 small** drop of dish soap. Securely attach the lid and blend. Empty contents and rinse.

## DEEPER CLEAN

- Both vessel and lid are top-rack dishwasher safe. These parts should **NOT** be cleaned with a heated dry cycle.
- After disassembling the vessel and lid, rinse blades and use a dishwashing utensil to clean them. Wipe motor base with a clean, damp cloth. Motor base is water resistant, HOWEVER the motor base is **NOT** dishwasher safe. DO NOT submerge base in water.





#### **CONTROL PANEL**

For a full list of LED Codes, refer to the Owner's Guide.



**Blend Readiness** 



Vessel Misalignment: Low Battery: Flashing WHITE LEDs Solid YELLOW LEDs

**Charge States** 



Requires Charge: Solid RED LEDs

Ready State:

Solid PURPLE LEDs

Blades

Blocked:

Flashing

ORANGE LEDs

for 5 seconds

**Blending States** 



Blend Mode: YELLOW LEDs. Battery is low.

Charge unit.

#### Blocked Blade Troubleshooting

#### To get back to blending:

1 Check ingredients:

before 30 seconds,

add more liquid.

Flashing Green)

- Ensure ingredients aren't above MAX line.
- Ensure there is enough liquid. Fill to or above MIN LIQUID line.

#### 2 Dislodge blockage:

- Shake unit to remove blockage.
- Turn unit upside down and restart blending.
- Turn unit off and remove blockage from blade using long utensil. Restart unit.

#### NOTE:

· Blending performance will be best when unit is fully charged. Only use provided USB-C charging cord with 5V 3A power supply.

# **COFFEE PROTEIN SHAKE**

PREP: 5 MINUTES | MAKES: 1 (18-OUNCE) SERVING

#### INGREDIENTS

1 tablespoon agave nectar (optional)

 $1/_2$  cup coffee, chilled

1/2 cup almond milk

- 1 frozen banana, cut in quarters
- 1 scoop chocolate protein powder

 $1/_4$  cup ice cubes

#### DIRECTIONS

- 1 With the vessel installed onto the motor base. add ingredients in the order listed. Secure the lid.
- **2** Turn the unit on by pressing  $\oplus$  button, then press the ▶ (Start/Stop) button for 30-second blend mode.
- **3** When blending is complete, press the  $\oplus$  button to turn the unit off.

# **GREEN POWER SMOOTHIE**

PREP: 5 MINUTES | MAKES: 1 (18-OUNCE) SERVING

#### INGREDIENTS

 $1/_2$  cup orange juice

 $1/_2$  cup coconut milk

 $1/_2$  cup baby spinach

 $1/_2$  banana. cut in half

1/2 cup frozen mango chunks

## DIRECTIONS

- 1 With the vessel installed onto the motor base. add ingredients in the order listed. Secure the lid.
- **2** Turn the unit on by pressing  $\bigcirc$  button, then press the ▶ (Start/Stop) button for 30-second blend mode.
- **3** When blending is complete, press the  $\oplus$  button to turn the unit off.

NOTE: When drinking or when blade function is not in use, turn blender **OFF** using O button. Unintentional blade activation can occur when the lid is off.

